

LAPORAN AKHIR
Penelitian Unggulan Perguruan Tinggi (U)



**PANGAN NUTRASETIKA ALAMI BERBASIS BIOAKTIF PEPTIDA SUSU
KAMBING UNTUK TERAPI SEHAT RHEUMATOID ARTHRITIS: KAJIAN
NUTRIGENOMIK**

Tahun ke-2 dari rencana 3 tahun

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ABSTRAK

Hasil penelitian tahapan pertama telah ditetapkan bahwa kandungan lemak tertinggi pada yogurt fermentasi dengan starter komersial, jauh di atas susu segar. Kandungan karbohidrat pada yogurt fermentasi dengan starter komersial lebih rendah sedikit dibanding susu segar. Bila pada kadar lemak dan karbohidrat meningkat, maka pada kadar protein menurun pada setiap proses fermentasi dan terendah pada pada yogurt fermentasi dengan starter komersial. Pita protein dengan BM 36kDa terdapat pada susu segar dan yogurt Kambing PE dan tidak dijumpai pada susu sapi segar. Pita ini telah diidentifikasi sebagai protein α -S2 Casein pada susu segar dan yogurt keculai pada fermentasi ganda di BM yang sama teridentifikasi sebagai protein α -S1 casein. Peptida yang teridentifikasi pada protein α -S2 Casein susu segar kambing PE yang spesifik adalah 205AMKPWTQPK-213, dan 214-TNAIPYVRYL -223. Peptida yang teridentifikasi pada protein α -S2 Casein yogurt kambing PE yang spesifik adalah 169-LTEEEKNR-176, dan 214-TNAIPYVR-221. Hasil preliminary studi, dugaan kami pada daerah bioaktif 169-LTEEEKNR-176 adalah bioaktif peptida yang memiliki fungsi antimikrobal, dan bioaktif peptida 205 – 223 memiliki fungsi immunomodulator pada *rheumatoid arthritis* (RA). Tujuan penelitian pada tahap kedua meliputi pengujian ekspresi gen mekanismenya secara *in vitro* dan *in vivo* (bioassay) kajian nutrigenomik dan pengujian immunomodulator serta immunoalergen bioaktif peptida spesifik susu kambing. Pada tahun kedua ini, *in vitro* dengan menggunakan sel osteoblast (Cell line), dan *in vivo* atau bioassay menggunakan hewan model Tikus (*Rattus norvegicus*, galur wistar) umur 10-12 minggu dengan berat badan 150 g dan diberi perlakuan rheumatoid arthritis *Complete Freud Adjuvant* dan tikus normal sebagai kontrol. Selanjutnya dilakukan terapi dengan bioaktif peptida spesifik dan fungsi immunomodulator diuji melalui pemeriksaan: radikal bebas MDA (malondialdehid) dan SOD (superoksid dismutase), anatomi hewan coba dan histopatologis dengan HE. Hasil penelitian ini menunjukkan bahwa Bioaktif peptide protein alpha-S2casein susu kambing dan produknya mempunyai fungsi perbaikan persendian diduga sebagai fungsi immunomodulator. Selain itu, Bioaktif peptide protein alpha-S2casein susu kambing dan produknya mempunyai struktur secara kimia atau fisik mempunyai fungsi sebagai modulator ion channel sel, berikatan dengan reseptor dalam inti sel atau dapat menghambat beberapa aktivitas enzim. Dan Bioaktif peptide protein alpha-S2casein susu kambing dan produknya berfungsi dapat meningkatkan proliferasi sel-sel preosteoblast dapat mengontrol stress oksidatif, ekspresi ROS dan MDA.

Keywords: nutrasetika, bioaktif peptida, gen-gen spesifik, susu kambing, rheumatoid arthritis

ABSTRACT

The results of the first phase of the study has been determined that the highest fat content in yogurt fermented with commercial starter , well above the fresh milk . Carbohydrate content in yogurt fermented with commercial starter slightly lower than fresh milk . When the levels of fat and carbohydrates increased , then the protein content decreased in every process of fermentation and the lowest in yogurt fermented with commercial starter . 36kDa molecular weight protein bands present in fresh milk and yogurt Goat PE and are not found in cow's milk . This tape has been identified as α - S2 Casein protein in fresh milk and yogurt except the double feremnatasi terindetifikasi BM same as α - S1 casein protein . Peptides identified in the protein α - S2 Casein fresh goat 's milk which is sepsifik AMKPWTQPK - 205 - 213 , and -223 214-TNAIPYVRYL . Peptides identified in the protein α - S2 Casein specific goat yogurt is LTEEEKNR - 169 - 176 , and 214 - 221 - TNAIPYVR . The results of the study preliminary , we conjecture the bioactive region LTEEEKNR - 169 - 176 is a bioactive peptide that has antimicrobial function , and bioactive peptide 205-223 has the function of immunomodulators in rhemathoid arthritis (RA) . The purpose of the study in the second stage involved testing the mechanism of gene expression in vitro and in vivo (bioassays) study of nutrigenomics and testing of bioactive peptide immunomodulator and immunoalergen specific goat's milk . In the second year , in vitro using osteoblast cells (Cell line) , and in vivo animal models or bioassay using rats (*Rattus norvegicus* , Wistar strain) aged 10-12 weeks with a weight of 150 g and rheumatoid arthritis treated with Complete Freud's Adjuvant and normal mice as a control . Further therapy with specific bioactive peptide immunomodulator and function tested through examination : free radicals MDA (malonaldialdehyd) and SOD (superoxide dismutase) , animal anatomy and histopathologic with HE . The results of this study indicate that the bioactive peptide- protein alpha - S2casein goat's milk and its products have improved joint function is suspected as a function of immunomodulator . In addition, bioactive protein peptide alpha - S2casein goat's milk and its products have the chemical or physical structure has a function as a modulator of ion channel cell , binds to receptors in the cell nucleus or can inhibit some enzyme activity . Bioactive peptides and proteins alpha - S2casein goat's milk and its products serve to increase the proliferation of cells pre - osteoblasts can control oxidative stress , the expression of ROS and MDA .

Keywords : nutrasetic , bioactive peptides , specific genes , goat 's milk , rheumatoid arthritis

RINGKASAN

Roadmap penelitian ini merupakan salah satu bagian *roadmap* yang dikembangkan di beberapa fakultas atau program studi kajian ilmu hayati terkait dengan pemanfaatan potensi sumber daya lokal untuk pengembangan terapi sehat penyakit dengan bahan alami nabati dan hewani. Salah satu kajian bahan hewani adalah pengembangan susu kambing sebagai bahan pangan nutrasetika dan digunakan sebagai immunomodulator, immunoalergen dan nutrigenomik terapi penyakit rheumatoid arthritis. Beberapa hasil penelitian melaporkan bahwa susu kambing memiliki keunggulan dibandingkan susu sapi terutama ditinjau dari aspek kesehatan. Susu kambing mengandung 35% lemak rantai sedang (medium chain fatty acids) sehingga aman dikonsumsi terutama bagi penderita hiperkolesterol. Selain itu protein susu kambing memiliki komposisi asam amino yang berbeda dengan susu dari mamalia lainnya dan tidak menyebabkan reaksi alergi. Protein susu kambing juga dapat meningkatkan immunitas karena mengandung protein yang bersifat immunomodulator. Hasil penelitian tahapan pertama telah ditetapkan bahwa kandungan lemak tertinggi pada yogurt fermentasi dengan starter komersial, jauh di atas susu segar. Kandungan karbohidrat pada yogurt fermentasi dengan starter komersial lebih rendah sedikit dibanding susu segar. Bila pada kadar lemak dan karbohidrat meningkat, maka pada kadar protein menurun pada setiap proses fermentasi dan terendah pada pada yogurt fermentasi dengan starter komersial. Kesimpulan sementara hasil riset tengah tahun kedua adalah sebagai berikut : Bioaktif peptide protein alpha-S2casein susu kambing dan produknya mempunyai fungsi perbaikan persendian diduga sebagai fungsi immunomodulator. Bioaktif peptide protein alpha-S2casein susu kambing dan produknya mempunyai struktur secara kimia atau fisik mempunyai fungsi sebagai modulator ion channel sel, berikatan dengan reseptor dalam inti sel atau dapat menghambat beberapa aktivitas enzim. Bioaktif peptide protein alpha-S2casein susu kambing dan produknya berfungsi dapat meningkatkan proliferasi sel-sel pre-osteoblast dapat mengontrol stress oksidatif.

SUMMARY

Roadmap of this study is one part of the roadmap developed in several faculties or courses related to life science studies the potential use of local resources for the healthy development of disease therapies with natural vegetable and animal materials . One animal study materials is the development of goat 's milk as food nutrasetika and used as an immunomodulator , and nutrigenomics immunoalergen therapy of rheumatoid arthritis . Several studies reported that goat milk than cow milk has an advantage , especially in terms of health aspects . Goat's milk contains 35 % medium chain fatty (medium chain fatty acids) that are safe for consumption , especially for patients with hypercholesterolemia. Moreover goat milk proteins have different amino acid composition of the milk of other mammals and do not cause allergic reactions. Goat milk proteins can also improve immunity because it contains proteins that are immunomodulators . The results of the first phase of the study has been determined that the highest fat content in yogurt fermented with commercial starter , well above the fresh milk . Carbohydrate content in yogurt fermented with commercial starter slightly lower than fresh milk . When the levels of fat and carbohydrates increased , then the protein content decreased in every process of fermentation and the lowest in yogurt fermented with commercial starter. Conclusion The results of the research while the second half is as follows : Bioactive peptide protein alpha - S2casein goat's milk and its products have improved joint function is suspected as a function of immunomodulator . Bioactive protein peptide alpha - S2casein goat's milk and its products have the chemical or physical structure has a function as a modulator of ion channel cell , binds to receptors in the cell nucleus or can inhibit some enzyme activity . Bioactive protein peptide alpha - S2casein goat's milk and its products serve to increase the proliferation of cells pre - osteoblasts can control oxidative stress.

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